Happy New Year!

Wishing you a very Happy New Year. 2020 will be an exciting year for the Network as we continue to expand across the province.

Thank you for your continued involvement and participation!

Our Members

Did you know the Network has more than 460 members?

We need your help to grow even more! Share this link with family and friends: http://obia.ca/about-brain-injury-speaks/

This Month’s Focus

To learn about Ontario Health Teams and the changes being made to the Ontario health care system.

See page 2 of the newsletter for more information on the changes.

WE WANT TO HEAR FROM YOU!

Thanks to all of you who completed the first survey in November 2019 to help us better understand the barriers you've experienced in accessing community supports and services.

There is still an opportunity to have your voice heard and share your experiences - stay tuned for the next survey in February!
Ontario Health Teams: What you need to know

Ontario Health Team (OHT) Priorities

MENTAL HEALTH & ADDICTIONS, PALLIATIVE CARE AND SENIORS CARE

"Ontario Health Teams are being introduced to provide a new way of organizing and delivering care that is more connected to patients in their local communities. Under Ontario Health Teams, health care providers (including hospitals, doctors and home and community care providers) work as one coordinated team - no matter where they provide care." ([http://health.gov.on.ca/en/pro/programs/connectedcare/oht/#OHT](http://health.gov.on.ca/en/pro/programs/connectedcare/oht/#OHT))

Brain Injury is not a current priority for most Ontario Health Teams. Stay in touch with your family doctor and other medical professionals who you see regularly to find out if an Ontario Health Team is being created in your area.

To learn more, visit the Ontario Health website: [https://www.ontario.ca/page/improving-health-care-ontario](https://www.ontario.ca/page/improving-health-care-ontario)

Stay Informed & Stay Connected

The next Brain Injury Speaks newsletter will be in March. In the meantime, please stay connected and check out the patient and family resources we have available online:

- [http://concussionsontario.org/patienteducation/aboutconcussions/](http://concussionsontario.org/patienteducation/aboutconcussions/)
- [http://concussionsontario.org/patienteducation/resources-for-patients-and-families/](http://concussionsontario.org/patienteducation/resources-for-patients-and-families/)

**Newly Released Patient Guidelines for moderate-to-severe brain injury!**

**Click Here** to open the patient guidelines

**For Additional Resources about moderate-to-severe brain injury, please**

**Click Here**

Hi, I'm Gazal Kukreja, your Stakeholder Engagement Coordinator for Brain Injury Speaks. I also write the newsletter and send out other communications to the Network.

If you have feedback on the format or content of this newsletter, I’d love to hear it. Please email me at gkukreja@obia.ca.

Website: [http://obia.ca/about-brain-injury-speaks/](http://obia.ca/about-brain-injury-speaks/)